

## Toolbox Parenting Course - the middle years

Toolbox is a parenting course designed to provide specific information to parents who have children in a certain age bracket, in this case, 6-12 years. This isn't a course for parents who are 'bad parents' – it's for parents who want to delight even more in their children and develop family memories worth reminiscing in the future.

What a challenge. What a chance to influence.  
What a wonderful age and stage of life.

This course will be delivered over Sunday afternoons with a highly recommended catch up in week three. At the catch up, we'll be talking through what's working and what isn't and everyone will get the chance to input. This ensures you have a chance to 'put the tools into practice' and come back to discuss how that's working for you.

## Over Sunday afternoons, Toolbox will be looking at ...

- The four parenting types including a Parent Coach.
- The V of Love – helping children make great choices.
- Self-esteem – developing the 'inside' of your child.
- Values – passing on what you hold dear and considering your 'family mission'.
- Teachable moments – using those 'ouch' moments for learning.
- Delayed gratification – helping children 'wait' for better outcomes.
- Family meetings – sharing the decision making, acknowledging your children's creativity and giving the children a sense of belonging.
- Love languages – speaking love so your child takes it on board as 'love'.
- Sibling rivalry – sorting out those annoying moments!

## *ToolBox Enrolment Form*

Please tear off and return to NewHope Care Office

First Name(s): .....

Surname: .....

Address: .....

Suburb: ..... Postcode:.....

Daytime Contact Number: .....

Email: .....

**Fee - \$70 per family (single or couple)**

**My payment method for ToolBox course is:**

Cash enclosed

Cheque/ Money Order  
(please make payable to NewHope Baptist Church)

Credit Card authority completed below



Cardholder's Name: .....

Card Number: .....

Expiry Date: ..... / .....

Signature: .....

Amount: \$.....

Name and ages of children attending:

.....



Throughout the material, there will be snippets that build on discipline strategies. The Toolbox material aims to provide a bigger picture for your family, realising that there is an A, B, C, D formula. That is, Atmosphere, Boundaries, Communication AND THEN Discipline. All these work together for E – Enjoyment [of your family!].

You'll take away a comprehensive manual that provides much more information in a usable, accessible format.

Come along with an open mind that you might learn something to revolutionise your family. Your children (aged from 2 years to Grade 6) will be treated to fun in another room so that you can concentrate on the material.

Invite your friends along too.



## Sunday Afternoon Toolbox Course 2012

Function Room, NewHope

Sundays 18 March (2pm – 5pm)  
25 March (2pm – 5pm)  
and 15 April 2pm – 4pm

**Facilitator:**

Jo Hood

**For queries/enrolments:**

Contact Cathy De Witt

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# TOOLBOX PARENTING COURSE



6 – 12 YEARS

