

## Why do The Marriage Course?

**Regular checkups** help a car run smoothly and reduce the risk of breakdown. Sports professionals spend hours being coached and perfecting their techniques.

The **greatest achievements** in life place practice, training and dedication.

It's the same with marriage...

A strong, loving and lifelong relationship doesn't happen by chance. It takes effort and dedication to keep the fun and romance alive. We can all learn how to make even the happiest marriage better.

## Is the course right for me?

- Are you married or in a long-term cohabiting relationship?
- Have you been together for over a year?
- Would you like your relationship to be the best it can be?

If you answered 'yes' to those questions then this course is for you.

The Marriage Course is for any couple, whether you've been together for one or sixty-one years, and whether you feel you have a strong relationship or are struggling.

While the Marriage Course is based on Christian principles, it is designed for couples with or without a Christian faith.

Whatever your situation, the practical tools you learn will help improve and strengthen your relationship.

## Finger Food Included Each Week

The Marriage Courses was developed by Nicky and Sila Lee, authors of The Marriage Book and The Parenting Book. They have been married for over thirty years, have four children and live in London. They started The Marriage Course in 1996 through Alpha International.

Over seven sessions you will discover practical tools to help you:

- Understand each other's needs
- Communicate more effectively
- Grow closer through resolving conflict
- Heal the ways you've hurt each other
- Recognize how your upbringing affects your relationship
- Improve relationships with parents and in-laws
- Develop greater sexual intimacy
- Discover each other's love languages and much more!

## The Marriage Course Application

Names:.....&

.....

Address: .....

Suburb: .....

Phone: .....

Email: .....

Ages (please tick)  18-25  25-30  30-35

35-40  40-45  45-50  50-55  55+

Dietary Restrictions .....

Church Affiliation (if any) .....

How did you hear about The Marriage Course?

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### Payment Form

Fee \$146 (Includes two manuals, DVD presentations & finger food for seven sessions)

Cash/ Cheque enclosed \$ .....

Credit Card Details:

Card Type: (please tick)  Visa  Mastercard

Cardholder's Name: .....

Cardholder's Signature: .....

Card Number: .....

Expiry Date: \_\_/\_\_/\_\_ CCV..... Amount \$ 146

What can I expect on the course?

Each evening begins with enjoying some finger food in a relaxed setting.

Practical talks delivered by DVD that are informative and fun. They include filmed clips of couples sharing their own experiences and street interviews from around the world.

Time provided on your own as a couple. You are given topics to discuss (sometimes with the help of an exercise).

No group work, so relax, you will not have to share anything about your relationship with anyone else.

What do other Couples Say about it?

**Sara & Marc** 'A fantastic opportunity to learn what really makes each other 'tick'. We have had a lot of fun learning some new tricks to get the most out of our marriage, highly recommended!'

**Meg & Alan** 'It has made a huge difference. We are no longer walking on egg shells... how we wish we had The Marriage Course to go to 35 years ago at the start of our marriage. It's never too late to put things right.'

**Jen & Mark** 'A wonderful way to refocus on our marriage. It's great.'

**Melinda & Aaron** 'A great way for couples to learn to communicate with each other. We have learnt so much more about each other, which has improved our relationship to a deeper level. Well worth it!'

*Early registration recommended.*

*Concurrent with New Hope Shift program  
for secondary students.*

[www.newhope.net.au](http://www.newhope.net.au)

## The Marriage Course

Course facilitators: Dave & Sue Gerrand

Day – Alternate Fridays excluding school holidays

Time - 7.15pm to 9.15pm

Scheduled Dates –

7 Sessions

2, 16, 23 March

20 April

4 & 18 May

1 June 2012

Come To –

NewHope Community Care

Meeting Room 1

522 Middleborough Road

Blackburn North

Brochure (incl. Registration Form)

– Available at [www.newhope.net.au](http://www.newhope.net.au)

Contact Information

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# THE MARRIAGE COURSE



Fridays 7:15-9:15pm from 2 March, 2012

